

# Mittenberg Bike & Lauf

56. Bike & 27. Berglauf-Rennen



## RANGLISTE

EISENBAHNER SPORTVEREIN CHUR

[www.esvchur.ch](http://www.esvchur.ch)



Bieler Sport Bonaduz  
run bike nordic



Untervaz und Chur / [www.bundicycling.ch](http://www.bundicycling.ch)



Ring Garage AG Chur



Mercedes-Benz





# Mittenberg Bike & Lauf

## 56. Bike & 27. Berglauf-Rennen

**Organisator:**  
OK Präsident:

**Eisenbahner Sportverein Chur**  
Paul Müller

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<b>Strecke</b>	<b>Chur Waldhausstall – Mittenberg</b>
<b>Distanz</b>	<b>5km</b>
<b>Höhendifferenz</b>	<b>440m</b>

**Herzlichen Dank allen Helfern des ESV Chur**



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# Mittenberg Bike & Lauf 56. Bike & 27. Berglauf-Rennen

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## HAUPTSPONSOREN



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## SPONSOREN



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## CO-SPONSOREN



# Bike

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Ra	Nr.	Name	Vorname	JG	Verein	Ort	Laufzeit	Diff
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## Damen U16 (2003 und jünger)

1	28	<b>Cadalbert</b>	Lorena	2004	Cycling Project / ESV Chur	Chur	22:36.3	
2	21	<b>Hutter</b>	Anina	2005	VC Surselva / Cycling Project	Trimmis	23:36.2	59.9
3	7	<b>Solèr</b>	Chiara	2005	VC Surselva	Lumbrein	26:16.1	3:39.8
4	89	<b>Lietha</b>	Ronja	2003	SAC JO Prättigau	Fideris	36:10.5	13:34.2

## Damen (2002 und älter)

1	57	<b>Zoller</b>	Nina	1987	-	Chur	21:29.2	
2	8	<b>Solèr - Candinas</b>	Carla	1980	VC Surselva	Lumbrein	23:17.0	1:47.8
3	32	<b>Nay</b>	Alessia	1995	Bielersport.ch / RMV Chur	Zizers	24:30.6	3:01.4
4	59	<b>Steinbacher</b>	Barbara	1986		Bad Ragaz	28:06.2	6:37.0
5	74	<b>Eggenberger</b>	Corinne	2001	K Bike Racing Team	Grabs	28:12.1	6:42.9
6	75	<b>Eggenberger</b>	Ruth	1966	K Bike	Grabs	28:39.6	7:10.4
7	29	<b>Nay</b>	Michaela	1966	-	Zizers	29:58.2	8:29.0
8	110	<b>Schweizer</b>	Manuela	1973	VC Surselva	Obersaxen	33:10.9	11:41.7
9	34	<b>Bont</b>	Noemi	1996		Altstätten SG	33:29.3	12:00.1
10	65	<b>Paravicini - Rottier</b>	Mieke	1965	-	Bonaduz	34:38.8	13:09.6
11	113	<b>Brosi</b>	Nadia	1992		Rhâzüns	34:47.2	13:18.0
12	84	<b>Caldart</b>	Violetta	1969		Chur	34:51.7	13:22.5
13	6	<b>Litscher</b>	Livia	1995	Calanda 58	Chur	35:31.2	14:02.0
14	105	<b>Kunz</b>	Nadia	1990		Chur	37:40.6	16:11.4
15	1	<b>Seiler</b>	Selina	1996	-	Bonaduz	38:17.0	16:47.8
16	68	<b>Mani</b>	Daniela	1987		Chur	39:11.5	17:42.3
17	49	<b>Casanova</b>	Angela	1971	-	Chur	40:24.7	18:55.5

## Herren U16 (2003 und jünger)

1	48	<b>Landert</b>	Niccolo	2003	-	Chur	25:19.7	
2	73	<b>Disch</b>	Yorick	2003	-	Seewis	25:25.6	05.9
3	81	<b>Wasescha</b>	Silvan	2003		Savognin	25:58.3	38.6
4	54	<b>Durrer</b>	Flavio	2004	SC Vättis	Vilters	28:58.4	3:38.7
5	82	<b>Gartmann</b>	Enea	2006	ESV Chur	Chur	30:03.9	4:44.2
6	39	<b>Ongarello</b>	Mika	2005		Malans	34:57.3	9:37.6
7	97	<b>Calonder</b>	Andri	2006		Malans	38:37.6	13:17.9
8	15	<b>Mengelt</b>	Andri	2008	-	Trimmis	43:22.2	18:02.5

## Herren U21 (1998 - 2002)

1	38	<b>Baumann</b>	Janis	2002	Swiss Bixs Team	Igis	18:04.7	
2	3	<b>Bricalli</b>	Andrea Jean-Paul	1999	RMV Chur	Chur	18:57.0	52.3
3	10	<b>Spescha</b>	Janis	2001	BikeTeam Bulls-Auerpower	Chur	19:30.5	1:25.8
4	88	<b>Lietha</b>	Arno	1998	SAC JO Prättigau	Fideris	19:38.9	1:34.2
5	24	<b>Cadalbert</b>	Flavio	2002	Cycling Project/ ESV Chur	Chur	20:17.5	2:12.8
6	23	<b>Schätti</b>	Jon	2002	Bundicycling.ch/ ESV Chur	Chur	20:27.9	2:23.2

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Ra	Nr.	Name	Vorname	JG	Verein	Ort	Laufzeit	Diff
<b>Herren U21 (1998 - 2002)</b>								
7	90	<b>Gartmann</b>	Mika	1999	SAC JO Prättigau	Valens	22:15.7	4:11.0
8	35	<b>Schneller</b>	Gian-Luca	1999	-	Tamins	22:39.2	4:34.5
9	12	<b>Mensing</b>	Mauro	2001	Imholz Bike Team/ VC Surselva	Ilanz	24:29.2	6:24.5

### Herren 1 (1984 - 1997)

1	93	<b>Schmitt</b>	Christian	1984	Team iQ-sports.eu	Feldkirch	17:49.1	
2	43	<b>Kessler</b>	Sandro	1987	Cube Racing By Imholz	Schiers	19:28.0	1:38.9
3	58	<b>Steinbacher</b>	Manfred	1988	-	Bad Ragaz	19:46.9	1:57.8
4	40	<b>Müller</b>	Michael	1984		Pani	20:05.3	2:16.2
5	44	<b>Fischer</b>	Paul	1993	Bike Team Graubünden	Chur	20:52.9	3:03.8
6	101	<b>Bonderer</b>	Fabian	1997	Bike-Team Graubünden	Malans	22:47.8	4:58.7
7	98	<b>Weber</b>	Luzian	1993		Chur	23:04.2	5:15.1
8	80	<b>Dirlewanger</b>	Marco	1984		Buchs	23:11.2	5:22.1
9	85	<b>Nicca</b>	Mauro	1990	-	Chur	23:42.5	5:53.4
10	46	<b>Castelmur</b>	Patrick	1987	Team Chapfensee	Wangs	24:28.6	6:39.5
11	109	<b>Lareida</b>	Curdin	1986	-	Mastrils	25:15.2	7:26.1
12	99	<b>Crameri</b>	Alex	1987	-	Poschiavo	25:18.8	7:29.7
13	94	<b>Schwarz</b>	Fabian	1986	Calanda Racing Team	Wangs	25:31.2	7:42.1
14	69	<b>Mani</b>	Josias	1987	-	Pignia	25:33.2	7:44.1
15	76	<b>Zweifel</b>	Jan	1985	Calanda Racing Team	Chur	25:38.8	7:49.7
16	95	<b>John</b>	Thomas	1986	Calanda Racing Team	Mels	26:07.2	8:18.1
17	108	<b>Litscher</b>	Christian	1993	EHC Chur	Chur	26:47.9	8:58.8
18	27	<b>Neuhäusler</b>	Dario	1991	Calanda 58	Chur	29:08.3	11:19.2
19	22	<b>Juon</b>	Samuel	1985	-	Chur	29:19.3	11:30.2
20	112	<b>Jäger</b>	Davide	1992		Pagnoncini	29:19.5	11:30.4
21	102	<b>Rodel</b>	Jan	1996		Chur	30:54.7	13:05.6
22	100	<b>Walker</b>	Kevin	1990		Chur	31:11.9	13:22.8
23	4	<b>Lienhard</b>	Antoine	1993	-	Chur	33:08.9	15:19.8
24	14	<b>Follador</b>	Fabio	1990	-	Chur	34:28.2	16:39.1
25	104	<b>Brandenburger</b>	Thomas	1985		Chur	35:50.8	18:01.7
26	111	<b>Godenzi</b>	Daniele	1992		Chur	36:24.0	18:34.9

### Herren 2 (1969 - 1983)

1	31	<b>Brenn</b>	Alex	1969		Tamins	19:40.5	
2	30	<b>Pol</b>	Marco	1972	RMV Chur	Tomils	20:45.5	1:05.0
3	62	<b>Joos</b>	Heinz	1970	RMV Chur	Domat/Ems	21:01.6	1:21.1
4	55	<b>Bruder</b>	Andreas	1978	-	Küblis	21:25.8	1:45.3
5	72	<b>Bühler</b>	Marco	1976	-	Chur	22:23.9	2:43.4
6	50	<b>Blust</b>	Jochen	1978	ewz-Giant MTB-Team	Rhazüns	22:45.8	3:05.3
7	41	<b>Boukhaona</b>	Salah	1983		Chur	22:52.1	3:11.6
8	92	<b>Flütsch</b>	Peter	1978		Felsberg	23:35.0	3:54.5
9	33	<b>Ender</b>	Andreas	1972	-	Mastrils	24:17.8	4:37.3
10	67	<b>Raffainer</b>	Vitalis	1972		Malans	24:29.9	4:49.4
11	60	<b>Klaiss</b>	Franz	1974	-	Bonaduz	24:47.5	5:07.0
12	63	<b>Rainer</b>	Patrick	1982		Azmoos	25:19.6	5:39.1
13	9	<b>Seiler</b>	Armin	1970	-	Bonaduz	25:30.7	5:50.2
14	16	<b>Aebli</b>	Bernhard	1970	-	Chur	25:59.0	6:18.5

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Ra	Nr.	Name	Vorname	JG	Verein	Ort	Laufzeit	Diff
<b>Herren 2 (1969 - 1983)</b>								
15	52	<b>Britt</b>	Raphael	1980	-	Mels	26:12.4	6:31.9
16	70	<b>Koch</b>	Ueli	1970	SC Trin	Trin	27:08.1	7:27.6
17	56	<b>Vincenz</b>	Pieder	1975		Haldenstein	27:10.3	7:29.8
18	47	<b>Vogler</b>	Daniel	1981	Calanda Racing Team	Wangs	28:12.3	8:31.8
19	96	<b>Oberholzer</b>	Peter	1969	-	Chur	29:48.5	10:08.0
20	25	<b>Federspiel</b>	Jürg	1981	-	Sils	30:41.9	11:01.4
21	107	<b>Huonder</b>	Thomas	1970	-	Churwalden	31:56.3	12:15.8
22	5	<b>Mengelt</b>	Patrik	1975	-	Trimmis	43:07.9	23:27.4

### Herren 3 (1959 - 1968)

1	37	<b>Baumann</b>	Urs	1967	Swiss Bixs Team	Igis	20:13.7	
2	36	<b>Walder</b>	Silvio	1968	RMV Chur	Chur	21:50.1	1:36.4
3	42	<b>Heinz</b>	Erich	1967	-	Tomils	23:26.2	3:12.5
4	13	<b>Liesch</b>	Georg	1963	-	Grub	24:13.1	3:59.4
5	91	<b>Müller</b>	Räto	1968	-	Sils i.D.	24:14.3	4:00.6
6	87	<b>Schmied</b>	Daniel	1963	-	Chur	24:26.8	4:13.1
7	11	<b>Spescha</b>	Sepp	1964	ESV Chur	Chur	24:46.7	4:33.0
8	20	<b>Hutter</b>	Ivo	1968	-	Trimmis	25:19.9	5:06.2
9	103	<b>Fäh</b>	Beni	1960		Churwalden	25:58.5	5:44.8
10	71	<b>Moser</b>	Corado	1968	-	Trin	26:26.6	6:12.9
11	19	<b>Peng</b>	Erwin	1960	Lindi Bike Race Team	Zizers	26:52.8	6:39.1
12	61	<b>Surjic</b>	Nurfad	1968	-	Landquart	27:30.9	7:17.2
13	78	<b>Grasnig</b>	Herbert	1964	Bike Works Race Team	Feldkirch	27:50.1	7:36.4
14	106	<b>Schweiger</b>	Marcel	1966	-	Chur	28:16.7	8:03.0
15	45	<b>Bär</b>	Lukas	1960	-	Chur	29:40.6	9:26.9
16	83	<b>Siorpaes</b>	Roberto	1964	-	Chur	30:55.1	10:41.4
17	51	<b>Werren</b>	Bruno	1967	-	Praden	31:30.3	11:16.6
18	66	<b>Krähenbühl</b>	Thomas	1965	-	Bonaduz	32:48.0	12:34.3
19	79	<b>Hassler</b>	Jürg	1965	-	Chur	34:02.7	13:49.0
20	86	<b>Oberholzer</b>	Thomas	1965	IBC Bike-Team	Chur	34:47.5	14:33.8

### Herren 4 (1958 und älter)

1	53	<b>Rogentin</b>	Armin	1953	ESV Chur	Chur	27:37.3	
2	26	<b>Litscher</b>	Hitsch	1956	Calanda 58	Chur	31:53.9	4:16.6
3	64	<b>Brauchli</b>	Heinrich	1948	-	Landquart	33:57.2	6:19.9

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# Lauf

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Rang	Nr.	Name	Vorname	JG	Verein	Ort	Laufzeit	Diff
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## Damen U16 (2003 und jünger)

1	305	<b>Murk</b>	Selina	2003	SSC Rätia	Chur	35:46.4	
2	347	<b>Lampert</b>	Tanja	2004		Chur	37:05.3	1:18.9
3	303	<b>Cathomen</b>	Nadine	2004	ESV Chur	Chur	40:53.3	5:06.9

## Damen (2002 und älter)

1	354	<b>Zoller</b>	Nina	1987	-	Chur	26:10.2	
2	340	<b>Süess</b>	Stephanie	1986		Chur	30:52.0	4:41.8
3	351	<b>Aeschlimann</b>	Sabrina	1985	-	Mels	31:20.9	5:10.7
4	368	<b>Teufel</b>	Barbara	1969	-	Malans	35:38.8	9:28.6
5	359	<b>Carigiet</b>	Gabi	1965	-	Zizers	37:39.7	11:29.5
6	365	<b>Willi</b>	Melina	2000	-	Lenz	37:41.2	11:31.0
7	366	<b>Willi</b>	Tanja	1976		Lantsch	37:58.0	11:47.8
8	301	<b>Seiler</b>	Selina	1996	-	Bonaduz	38:36.1	12:25.9
9	306	<b>Succetti</b>	Nicole	1979	-	Chur	39:33.1	13:22.9
10	336	<b>Mark</b>	Federica	1994		Chur	39:48.2	13:38.0
11	344	<b>Peng</b>	Sandra	1989		Chur	41:57.7	15:47.5
12	310	<b>Bücher</b>	Lisa	2001	BKS	-	44:07.6	17:57.4
13	325	<b>Thöni</b>	Patrizia	2001	BKS	-	45:21.0	19:10.8
14	312	<b>Camenisch</b>	Lena	2001	BKS	-	46:00.6	19:50.4
15	308	<b>Giger</b>	Selina	1984	-	Vaz	46:17.0	20:06.8
16	337	<b>Meier</b>	Corinne	1989		Chur	46:48.6	20:38.4
17	317	<b>Degiacomi</b>	Tanja	2000	BKS	-	47:24.1	21:13.9
18	311	<b>Cadisch</b>	Lia	2001	BKS	-	48:22.2	22:12.0
19	321	<b>Meira</b>	Vanessa	2001	BKS	-	49:54.9	23:44.7
20	318	<b>Djuricic</b>	Marina	2001	BKS	-	53:23.7	27:13.5
21	324	<b>Sighinolfi</b>	Sofia	2001	BKS	-	54:28.4	28:18.2
22	316	<b>Cortesi</b>	Nora	2001	BKS	-	54:39.6	28:29.4
23	320	<b>Jucker</b>	Lisa	2001	BKS	-	58:45.7	32:35.5
24	319	<b>Graf</b>	Olivia	2001	BKS	-	59:10.6	33:00.4

## Herren U16 (2003 und jünger)

1	353	<b>Durrer</b>	Andy	2003	SC Vättis	Vilters	27:48.9	
2	376	<b>Kaufmann</b>	Andri	2003	SAC JO Prättigau	Küblis	28:46.3	57.4
3	362	<b>Kühne</b>	Ramon	2007	OLG Chur	Chur	30:32.5	2:43.6
4	363	<b>Kühne</b>	Elijah	2005	OLG Chur	Chur	32:28.8	4:39.9
5	345	<b>Landert</b>	Niccolo	2003	-	Chur	33:08.0	5:19.1

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Zeitmessung & Auswertung

ESV Chur, 7000 Chur

### Herren U21 (1998 - 2002)

1	374	<b>Perreten</b>	Patrick	1999	SAC JO Prättigau	Küblis	24:16.5	
2	369	<b>Rüegg</b>	Simon	2002	-	Malans	27:37.4	3:20.9
3	329	<b>Zerai</b>	Yosef	1998	-	Felsberg	27:55.1	3:38.6
4	375	<b>Schoch</b>	Yanick	2000	SAC JO Prättigau	Fideris	29:17.1	5:00.6
5	315	<b>Compagnoni</b>	Tiziano	2001	BKS	-	31:01.9	6:45.4
6	323	<b>Schmid</b>	Laurin	2001	BKS	-	31:20.4	7:03.9
7	313	<b>Casale</b>	Dario	2001	BKS	-	43:32.8	19:16.3
8	309	<b>Baumgartner</b>	Joel	1999	BKS	-	45:33.6	21:17.1
9	322	<b>Merki</b>	Giamiro	2001	BKS	-	47:04.2	22:47.7
10	314	<b>Compagnoni</b>	Sinan	2001	BKS	-	48:36.3	24:19.8

### Herren 1 (1984 - 1997)

1	357	<b>Steiner</b>	Micha	1995	-	Samedan	22:13.2	
2	372	<b>Michael</b>	Sandro	1990	-	Zillis	23:43.3	1:30.1
3	338	<b>Rinderer</b>	Marcel	1985	-	Mels	23:49.6	1:36.4
4	364	<b>Paravicini</b>	Martin	1997	SC Scardanal Bonaduz	Bonaduz	25:13.9	3:00.7
5	343	<b>Castelmur</b>	Patrick	1987	Team Chapfensee	Wangs	28:31.5	6:18.3
6	379	<b>Collenberg</b>	Gian	1986	-	Chur	29:22.2	7:09.0
7	383	<b>Carozzi</b>	Sandro	1992	-	Le Prese	31:27.3	9:14.1
8	382	<b>Moll</b>	Claudio	1985	-	Chur	32:39.8	10:26.6
9	342	<b>Wanzenried</b>	Raphael	1995	-	Buochs	34:00.3	11:47.1
10	300	<b>Wenzin</b>	Thomas	1991	ESV Chur	Chur	34:17.4	12:04.2
11	385	<b>Rajakaruna</b>	Dinesa	1986	-	Chur	34:32.6	12:19.4
12	384	<b>Brändli</b>	Ben	1993	-	Chur	38:24.4	16:11.2

### Herren 2 (1969 - 1983)

1	373	<b>Bansi</b>	Jens	1975	-	Chur	27:56.8	
2	358	<b>Joos</b>	Heinz	1970	RMV Chur	Domat/Ems	28:21.2	24.4
3	355	<b>Casanova</b>	Ivo	1978	-	Vignogn	28:35.8	39.0
4	356	<b>Klaiss</b>	Franz	1974	-	Bonaduz	28:58.5	1:01.7
5	371	<b>Furrer</b>	Cornel	1972	-	Chur	29:22.0	1:25.2
6	346	<b>Lampert</b>	Jann	1977	-	Chur	29:27.3	1:30.5
7	334	<b>Ongarello</b>	Chris	1971	-	Malans	30:35.5	2:38.7
8	361	<b>Kühne</b>	Thomas	1978	-	Chur	30:39.1	2:42.3
9	350	<b>Britt</b>	Raphael	1980	-	Mels	31:07.5	3:10.7
10	378	<b>Popp</b>	Martin	1970	-	Chur	31:41.4	3:44.6
11	339	<b>Galliard</b>	Viktor	1974	VBC Chur	Chur	31:49.6	3:52.8
12	302	<b>Allgäuer</b>	Michael	1975	Bikeworks Race-Team	Feldkirch	32:01.9	4:05.1
13	326	<b>Taisch</b>	Marcel	1980	BKS	-	33:06.5	5:09.7
14	333	<b>Mathis</b>	Erich	1970	-	Grüsch	33:12.0	5:15.2
15	307	<b>Siracusa</b>	Gaetano	1982	-	Chur	33:53.7	5:56.9
16	328	<b>Schneider</b>	Roger	1980	-	Felsberg	35:36.9	7:40.1

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### Herren 3 (1959 - 1968)

1	367	<b>Capol</b>	Jürg	1965	-	Sargans	26:49.1	
2	335	<b>Heimo</b>	Christian	1966	Nordic Mittelbünden	Davos	28:53.6	2:04.5
3	381	<b>Comte</b>	Yvan	1966	-	Chur	29:07.9	2:18.8
4	377	<b>Neurauter</b>	Marcel	1964	WSV	Ems	29:37.0	2:47.9
5	352	<b>Durrer</b>	Peter	1965		Vilters	29:50.2	3:01.1
6	331	<b>Mayer</b>	Johannes	1965	SC Scardanal Bonaduz	Bonaduz	31:12.9	4:23.8
7	341	<b>Bernhard</b>	Erik	1963	ESV Chur	Chur	31:47.2	4:58.1
8	370	<b>Rüegg</b>	Christoph	1966	-	Malans	34:48.2	7:59.1
9	360	<b>Camiu</b>	Augustin	1960	Lauftreff Landquart	Landquart	35:05.8	8:16.7
10	330	<b>Kessler</b>	Walter	1966	-	Castiel	45:27.9	18:38.8
11	304	<b>Casanova</b>	Mäni	1960	-	Chur	45:32.0	18:42.9

### Herren 4 (1958 und älter)

1	349	<b>Geis</b>	Sigi	1957		Chur	34:59.8	
2	332	<b>Mathis</b>	Joos	1945	-	Schiers	38:23.1	3:23.3
3	348	<b>Caduff</b>	Felici	1953		Chur	38:42.1	3:42.3
4	327	<b>Parpan</b>	Wendelin	1950	CSA Lenzerheide	Lain	39:11.6	4:11.8

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# Kombination

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Rang	Nr. Lauf	Nr. Name Bike	Vorname	JG	Verein	Ort	LZ Bike	LZ Lauf	LZ Total	Rückstand
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## Herren

1	62	358 <b>Joos</b>	Heinz	1970	RMV Chur	Domat/Ems	21:01.6	28:21.2	49:22.8	
2	46	343 <b>Castelmur</b>	Patrick	1987	Team Chapfensee	Wangs	24:28.6	28:31.5	53:00.1	3:37.3
3	60	356 <b>Klaiss</b>	Franz	1974	-	Bonaduz	24:47.5	28:58.5	53:46.0	4:23.2
4	52	350 <b>Britt</b>	Raphael	1980	-	Mels	26:12.4	31:07.5	57:19.9	7:57.1
5	48	345 <b>Landert</b>	Niccolo	2003	-	Chur	25:19.7	33:08.0	58:27.7	9:04.9

## Damen

1	57	354 <b>Zoller</b>	Nina	1987	-	Chur	21:29.2	26:10.2	47:39.4	
2	1	301 <b>Seiler</b>	Selina	1996	-	Bonaduz	38:17.0	38:36.1	1:16:53.1	29:13.7

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# Mittenberg Bike & Lauf 56. Bike & 27. Berglauf-Rennen

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Das Organisationskomitee vom  
«56. Bike & 27. Berglauf-Rennen»  
bedankt sich herzlich bei allen  
Teilnehmern!



Wir freuen uns auf Eure nächste  
Teilnahme  
am Donnerstag, 30. August 2018!



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